

# ALSTON BAR & BEEF

## ST. MARTIN SLING

BOLS GENEVER, KOKO KANU AND BENADICTINE SHAKEN WITH LEMON JUICE, PINEAPPLE JUICE AND LAYERED WITH GRENADINE

8.0

## RASPBERRY ROYALE

EDINBURGH RASPBERRY GIN SHAKEN WITH APPLE JUICE, LIME JUICE AND TOPPED WITH PROSECCO

9.0

## ORANGE & BASIL GIMLET

HAYMANS LONDON AND COINTREAU SHAKEN WITH LIME JUICE, SUGAR SYRUP AND BASIL LEAVES

8.0

## NEGRONI

HAYMANS LONDON, CAMPARI AND BELSAZAR RED VERMOUTH, STIRRED WITH ORANGE PEEL AND GARNISHED WITH A ORANGE TWIST

9.0

## BITES

<b>LEMON &amp; HERB MARINATED OLIVES</b>	4.0
<b>SOUR DOUGH BREAD &amp; CAFÉ DE PARIS BUTTER</b>	4.0
<b>CAYENNE PEPPER DUSTED PORK SCRATCHINGS</b>	4.0

## STARTERS

<b>COURGETTE MOUSSAKA</b> CUMIN SPICED LAMB MINCE, BAKED COURGETTE, FETA, TAPENADE	8.0
<b>SCALLOPS &amp; CUCUMBER</b> PICKLED MUSTARD SEEDS, LIME AI OLI,	13.0
<b>GRILLED MACKEREL</b> TOMATO CEVICHE, CHERVIL, WATERCRESS SALSA VERDE	8.0
<b>SMOKED SALMON</b> MARINATED ASPARAGUS, SALMON ROE, SORREL VINAIGRETTE, RYE CRISP BREAD	9.0
<b>BROAD BEAN &amp; PEA ARANCINI (V+)</b> WATERCRESS & COCONUT YOGURT SAUCE, RED CHILLI, CORIANDER	8.0
<b>KING PRAWN &amp; CHICKEN KEBABS</b> TURMERIC ROAST CORN COB, SPRING GREEN SLAW, CHILLI YOGURT	9.0
<b>GRILLED ASPARAGUS &amp; PASTRAMI</b> PARMESAN CRISPS, TARRAGON SAUCE	8.0
<b>HEIRLOOM TOMATOES (V)</b> FETA, CHILLI OIL, BASIL, OLIVE TAPENADE	8.0

## MAINS

<b>SPRING 3 BONE RACK OF LAMB</b> BRAISED GEM LETTUCE, PEAS, BROAD BEANS, PANCETTA, MINT JUS	23.0
<b>ALSTON BURGER</b> PASTRAMI, SWISS CHEESE, PICKLED CUCUMBER, BEARNAISE, FRIES,	17.0
<b>CORN FED CHICKEN SUPREME</b> TRUFFLED MASH, DIANE SAUCE, STEM BROCCOLI	17.0
<b>PAN FRIED PLAICE</b> ESCALIBADA, WATERCRESS SAUCE	17.0
<b>SPICED CAULIFLOWER STEAK (V+)</b> BUTTERNUT SQUASH SAAG ALOO, CHILLI SOYA YOGURT, POMEGRANATE, CORIANDER	17.0

## STEAKS

ALL OUR TWEED VALLEY STEAKS ARE HAND SELECTED BY OUR EAST LOTHIAN MASTER BUTCHER JOHN GILMOUR; HE ONLY PICKS THE BEST LIMOUSINE CROSS ABERDEEN ANGUS CATTLE, WHICH HAVE BEEN REARED ON GRASS & BARLEY. THE BEEF IS THEN DRY-AGED ON THE BONE FOR A MINIMUM OF 35 DAYS WHICH RESULTS IN A TENDER AND FLAVOURFUL PIECE OF MEAT.

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SERVED WITH A CHOICE OF CHIPS, MASH OR SALAD AND A SAUCE

<b>250G RUMP</b>	22.0	<b>300G RIBEYE</b>	31.0
<b>300G SIRLOIN</b>	31.0	<b>230G FILLET</b>	33.0
<b>500G BONE IN RIBEYE</b>	39.0		

## TO SHARE

<b>600G CHATEAUBRIAND</b>	70.0
<b>BUTCHER'S CUTS</b> (FLANK, FLAT IRON, HANGER)	60.0
<b>1KG PORTERHOUSE</b>	80.0

## TO ADD ON

<b>KING PRAWNS IN LEMON &amp; CHILLI OIL</b>	9.0
<b>TWO FRIED EGGS</b>	3.0

## SAUCES & BUTTERS

ADD EXTRA SAUCE 2.0

<b>PEPPERCORN</b>	<b>BÉARNAISE</b>
<b>BLUE CHEESE</b>	<b>GARLIC BUTTER</b>
<b>DIANE</b>	<b>CAFÉ DE PARIS</b>

## SIDES

<b>WEDGE SALAD, PANCETTA &amp; BLUE CHEESE</b>	4.5
<b>STEM BROCCOLI WITH CHILLI &amp; ALMONDS</b>	4.5
<b>SKIN ON FRIES</b>	4.5
<b>HERB CRUMBED MAC N CHEESE</b>	4.5
<b>SPRING GREEN &amp; APPLE SLAW</b>	3.5
<b>DOUBLE COOKED CHIPS</b>	4.5
<b>BATTERED ONIONS</b>	4.5
<b>SWEET POTATO FRIES</b>	4.5
<b>MUSHROOMS &amp; SPINACH IN GARLIC OIL</b>	4.5
<b>MASHED POTATO</b>	4.5
<b>HOUSE SALAD</b>	4.5
<b>ROAST NEW POTATOES</b>	4.5



PLAN  
of the City of  
GLASGOW.  
1783.

# ALSTON BAR & BEEF

ALSTON STREET WAS A BUSTLING THOROUGHFARE THAT CONNECTED ARGYLE STREET WITH GORDON STREET UNTIL THE MID-1870S WHEN ALL THE BUILDINGS WERE DEMOLISHED TO MAKE WAY FOR THE FIRST PHASE OF CENTRAL STATION.

IT RAN NORTH TO SOUTH THROUGH GRAHAMSTON, AN IMPORTANT LOCATION FOR GLASGOW'S GROWING INTERNATIONAL TRADE, PROVIDING PREMISES FOR PROCESSING AND STORING GOODS FOR DESPATCH TO COUNTRIES AROUND THE WORLD. THERE WERE SEVERAL LARGE WAREHOUSES AND A SUGAR REFINERY, SURROUNDED BY CARTERS' YARDS, TENEMENT DWELLINGS AND VILLAS.

THE 'FIRST THEATRE IN GLASGOW' OPENED IN ALSTON STREET IN 1764. IN FACT IT WAS NOT LOCATED IN GLASGOW BUT IN GRAHAMSTON, JUST A FEW YARDS OUTSIDE THE CITY BOUNDARY, BECAUSE THE CITY AND CHURCH ELDERS WOULD NOT ALLOW THE 'HOUSE OF THE DEVIL' TO BE OPENED WITHIN THE CITY.

ALSTON BAR & BEEF IS LOCATED JUST UNDER THE NORTH END OF THE ORIGINAL ALSTON STREET AND WE HOPE THAT CUSTOMERS WILL TAKE AN INTEREST IN THE STORY OF GRAHAMSTON, GLASGOW'S FORGOTTEN VILLAGE.



[ALSTONGLASGOW.CO.UK](http://ALSTONGLASGOW.CO.UK)

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