

# ALSTON BAR & BEEF

## SUNDAY ROAST

EVERY SUNDAY FROM 12PM-6PM

1 COURSE FOR £16 / 2 COURSES FOR £18 / 3 COURSES FOR £20

### STARTERS

#### SOUP OF THE DAY (V)

SOURDOUGH BREAD AND SALTED BUTTER

#### LAMB ARANCINI

CHICKPEA, SPINACH AND RAISIN

#### CRISPY CHILLI FETA

HERITAGE TOMATO & WATERCRESS VERDE

### MAINS

CHOOSE ONE OF THE FOLLOWING:

#### ROAST CHICKEN BREAST

OR

#### ROAST RUM

(COOKED PINK OR WELL DONE)

ALL SERVED WITH GRAVY, CREAMY MASH,  
ROAST POTATOES, BRAISED RED CABBAGE,  
GLAZED BABY CARROTS, STEM BROCCOLI  
AND A YORKSHIRE PUDDING

### DESSERTS

#### TRIO OF ICE CREAMS

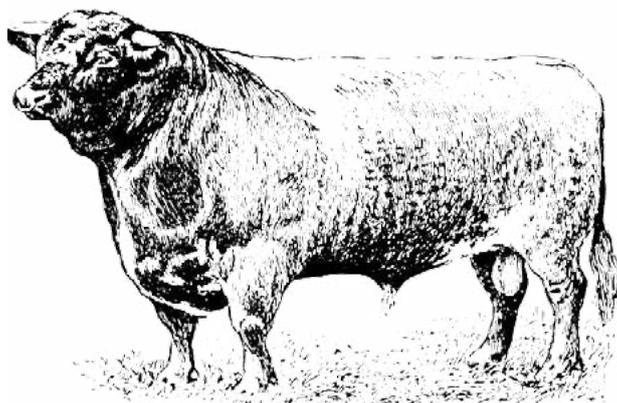
RASPBERRY RIPPLE, VANILLA & SALTED CARAMEL

#### CRUMBED POACHED PEAR

PEAR PUREE, TOASTED OATS & VANILLA ICE CREAM

#### DARK CHOCOLATE & COFFEE BROWNIE

WARM CHOCOLATE SAUCE & VANILLA ICE CREAM



PLAN  
of the City of  
GLASGOW.  
1783.

# ALSTON BAR & BEEF

ALSTON STREET WAS A BUSTLING THOROUGHFARE THAT CONNECTED ARGYLE STREET WITH GORDON STREET UNTIL THE MID-1870S WHEN ALL THE BUILDINGS WERE DEMOLISHED TO MAKE WAY FOR THE FIRST PHASE OF CENTRAL STATION.

IT RAN NORTH TO SOUTH THROUGH GRAHAMSTON, AN IMPORTANT LOCATION FOR GLASGOW'S GROWING INTERNATIONAL TRADE, PROVIDING PREMISES FOR PROCESSING AND STORING GOODS FOR DESPATCH TO COUNTRIES AROUND THE WORLD. THERE WERE SEVERAL LARGE WAREHOUSES AND A SUGAR REFINERY, SURROUNDED BY CARTERS' YARDS, TENEMENT DWELLINGS AND VILLAS.

THE 'FIRST THEATRE IN GLASGOW' OPENED IN ALSTON STREET IN 1764. IN FACT IT WAS NOT LOCATED IN GLASGOW BUT IN GRAHAMSTON, JUST A FEW YARDS OUTSIDE THE CITY BOUNDARY, BECAUSE THE CITY AND CHURCH ELDERS WOULD NOT ALLOW THE 'HOUSE OF THE DEVIL' TO BE OPENED WITHIN THE CITY.

ALSTON BAR & BEEF IS LOCATED JUST UNDER THE NORTH END OF THE ORIGINAL ALSTON STREET AND WE HOPE THAT CUSTOMERS WILL TAKE AN INTEREST IN THE STORY OF GRAHAMSTON, GLASGOW'S FORGOTTEN VILLAGE.



[ALSTONGLASGOW.CO.UK](http://ALSTONGLASGOW.CO.UK)

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